



Type 1 Diabetic Care at Camp Michindoh

- Our Health Officers are First Aid, CPR, and AED trained and are trained for the distribution of daily medications and most over the counter medications as needed. We follow a protocol when it comes to Students with Type 1 Diabetes but obviously adjust to each child because each child is different.
- For the duration of their stay at camp we will always have a Health Officer on call and available to tend to needs. This includes checking in with the student throughout the day to monitor blood sugar levels and assist with the decision of how to correct. If the student has a Dexcom, we are able to connect our Health Office Cell Phone to be able to “follow” that student and see numbers in real time. This also gives permission for the student to have their own cell phone so they can check numbers and so we have two references of information – any other use of the cell phone is not allowed. If the student checks blood sugar via finger poke, the Health Officer will make a plan with the student about times throughout the day to check in for monitoring numbers.
- The student’s Cabin Leader (who stays with them throughout the day and in the cabin at night) is made aware that the student has Diabetes and can be in communication with the Health Officer during the week and at night.
- A Health Officer will sit with the student at each meal and count up carbs and witness the proper units given, whether it is via insulin pump and a push of a button or shot given with an insulin pen. Michindoh Health Officers are not permitted to GIVE shots, they are able to assist and witness – this includes pump/site changes that may need to be made during the week.
- We make sure the student is at a good number before heading to bed and then monitor them throughout the night either via Dexcom or physically checking in with them at a set time.
- Students with Diabetes are also allowed to bring any snacks needed to help with blood sugar level maintenance, it’s best if they are stored in a plastic tote labeled with the Student’s name and School, the tote can be turned in to the teachers with the medications on the day of departure. We will keep the box in the Health Office so other students are not tempted and to keep any refrigerated items cold. The student can keep snacks with them (in a drawstring bag works best!) and can be replenished from the tote as needed at any time.
- The Health Officer can be in communication during the week with any Parent or Guardian regarding the child’s blood sugar levels, and will ask if there are any situations that are specific to their student.
- If you desire us to speak with your school’s Nurse please let your student’s teacher know, so we can get that contact information in a timely manner.

Our Health Officers and OES Directors have worked with many Students that have Type 1 Diabetes while at Michindoh, so we work together with your Schools Teachers to help make the best decisions possible for your child.