



Healthcare at Camp Michindoh

1. Camp Michindoh has a full-time certified Health Officer. Staff, Teachers, and Cabin Leaders can reach the Health Officer by phone or radio 24 hours a day. They are available to students for daily medication administration, as needed medication, first aid, and the management of illness. In the event of an emergency, the parent/guardian will be notified by Teachers or Camp personnel.
2. Students should stay on medication they normally take at home whether it's for ADHD, asthma, allergies, etc. Camp is very much a learning environment with classroom style activities so students need to be able to function the same way they do at school.
3. You do not need to send commonly used over-the-counter medications for "just in case" purposes. The Michindoh Health Office is stocked with common over-the-counter necessities such as Tylenol, Ibuprofen, Benadryl, Cough Drops, band-aids, etc. If your child takes an over-the-counter medication on a regularly scheduled basis and/or your child requires a specific brand of a medication, those would be exceptions and **must be sent in the original container**. Michindoh Health Officers are trained to follow all directions on labels. If your child takes a dose that is different to what is written on the label, we **MUST** have a doctor's note. Melatonin and other vitamins/supplements are common medications that are labeled "not for children" – please make sure your child's medication is for children or has a doctor's note. All medication containers should be placed in a Ziploc bag labeled with your student's name and school.
4. Prescription medications **must be sent in the original container labeled with the student's name and appropriate dose and time of medication administration as given by the doctor**. Michindoh Health Officers are trained to follow all directions on labels. If your child takes a dose that is different to what is written on the label, we **MUST** have a doctor's note. The Health Officer on duty will ensure that students receive their regularly scheduled medications at the appropriate times. All medication containers should be placed in a Ziploc bag labeled with your student's name and school.
5. Students with emergency, life-saving devices such as **Asthma Inhalers** and **Epi-Pens** are encouraged to bring two of these items if possible. The student is able to carry their device with them and a back up with the Health Officer. Please make sure your child's name and school are on their device.
6. **Please DO NOT pack any medication or medical devices in your student's luggage**. Per Michigan State Law, medications, devices, and first aid supplies are not allowed in the cabins with campers. Medications get turned into your student's teacher on the day of departure. Please ensure all information on the Health Form correctly matches the medications being turned in. Medications will be sent back from camp with the Teachers.
7. If your student has any food allergies, please clearly mark those on the Health Form. Our Michindoh chefs can accommodate common allergies (peanut/tree nut, dairy, gluten, etc.) and can accurately prepare for your child with proper notice. Please consult your child's teacher if you have any questions or concerns regarding food allergies or even picky eaters.

Any additional questions or concerns can be directed to your child's teacher and they can get in touch with a Camp representative accordingly.