

TEACHER PLANNING GUIDE

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Pre-Camp Check List

| 6 Months prior to camp: |
|--|
| ☐ Initiate fundraisers (if necessary) |
| 4 Months prior to departure for camp: |
| ☐ Begin to decide on cabin leaders |
| ☐ Arrange transportation for cabin leaders and students |
| 8-10 Weeks prior to departure for camp: |
| ☐ Schedule School Visit |
| ☐ Interview cabin leaders |
| 4-8 Weeks prior to departure for camp: |
| ☐ Finalize cabin leaders |
| ☐ Host school visit (pass out parent information – health form, packing list, faq sheet) |
| ☐ Finalize transportation |
| 2 Weeks prior to departure for camp: |
| ☐ Send health forms to camp |
| ☐ Fill out online rosters (google docs link) |
| ☐ Send "school information sheet" to camp |
| Day of departure: |
| ☐ Collect medication (in bin or box) |
| ☐ Collect camper mail (in bin or box) |
| ☐ Call/text your Michindoh contact at time of departure. |

General Information

Michindoh was established in 1910, as a summer camp and conference center by the Church of the United Brethren in Christ. Michindoh serves three states: Michigan, Indiana, and Ohio, from which its name is derived. In 1988 Michindoh moved to 4545 East Bacon Road. Michindoh strives to keep up with new technology without impacting the environment. All cabins have heat, air, electricity, and hot and cold running water with private showers and toilet stalls. All the facilities at Michindoh are new or remodeled. Michindoh is nestled in 243 acres of land with two spring fed lakes, streams, wet lands, and forests. The Michindoh Outdoor Education School was established in February of 1991. In June 2009 Michindoh Conference Center became affiliated with Spring Arbor University.

When you arrive at Michindoh you can expect the following:

- A friendly welcome
- An introduction to the Outdoor Education Staff
- Keys to your housing for the week
- A strong desire on the part of the staff to include you in all activities as the week progresses
- An orientation for the students, cabin leaders and teachers to go over expectations for the week

After the orientation we take the students on a short tour/hike and then straight to lunch. While lunch is going on you will receive a weekly schedule, map of the grounds and a cabin roster. We will be meeting (teachers, staff and cabin leaders) later in the day on a daily basis to discuss the progress of the week, individual and collective student concerns, and upcoming program events. If you have any questions, please let us know as soon as possible so that we can promptly attend to them. We invite teachers to participate in every way possible. In the end, **you** determine your role at Michindoh Outdoor Education School.

Directions to Michindoh

Go East (L) on US 12 to State Rte 99 just before Jonesville - 16 miles Go Southeast (R) on State Rte 99 (road jogs) - 5 miles In Downtown Hillsdale go East (L) on E. Bacon Rd - 4 miles Michindoh is on your right From Toledo: (approx. 1 hr 15 min) Take I-80/90 West to Hwy 15 (Exit) Go North (R) on Hwy 15 to M99 in Michigan Continue on M99 to M34 intersection Go West (L) 3 mile on M34 to Lake Pleasant Rd Go North (R) on Lake Pleasant Rd to E Bacon Rd (follow airport signs - road jogs) Go East (R) on E Bacon Rd for 2 mile Michindoh is on your right From Jackson: (approx 40 min) (When you give these directions to a guest, make sure the back roads are clear.) Go South on 127 to US 12 - cross US 12 Go about 2 mile and veer to the right (staying on 127) Go through Addison to Church Rd (look for green road sign) - 8 miles (after you veer) Go West (R) on Church Rd to Waldron Rd - 2.7 miles Go South (L) on Waldron Rd 1 mile to E Bacon Rd Go West (R) on E Bacon Rd - 7.4 miles Michindoh is on your left From Findlay (approx. 1-2 hrs) / Columbus (approx. 2-3 hrs): Go North on I-75 to I-80/90 Take I-80/90 West through Toledo to Hwy 15 (Exit) Go North (R) on Hwy 15 to M99 in Michigan Continue on M99 to M34 intersection Go West (L) 3 mile on M34 to Lake Pleasant Rd Go North (R) on Lake Pleasant Rd to E Bacon Rd (follow airport signs - road jogs) Go East (R) on E Bacon Rd for 2 mile Michindoh is on your right From **Ann Arbor** (approx. 1hr 15 min) / **Detroit** (approx. 2 hrs): Go West on I-94 to 127 (just before Jackson) Go South on 127 to US 12 - cross US 12

Go about 2 mile and veer to the right (staying on 127)

Go West (R) on Church Rd to Waldron Rd - 2.7 miles Go South (L) on Waldron Rd 1 mile to E Bacon Rd

Go West (R) on E Bacon Rd - 7.4 miles

Michindoh is on your left

Go through Addison to Church Rd (look for green road sign) - 8 miles (after you veer)

From **Battle Creek** (approx. 1 hr) / **Kalamazoo**: (approx. 1 hr 30 min)

Go South on I-69 to US 12 in Coldwater

Go East on 94 to I-69

Facilities

Student housing: There are 30 cabins at Michindoh; each cabin provides sleeping areas for an average of 10-12 campers and up to 2 cabin leaders, with a variety of amenities to include in-cabin bathrooms and shower facilities. Michindoh cabins can house 354 individuals, this including cabin leaders. Teachers typically stay in Lodge rooms or other accommodations.

Dining: The dining hall is located in the Merillat Lodge. We have buffet style meals with one adult at each table of seven students. We serve good quality food and plenty of it. It is extremely important that health forms with food allergies clearly marked are turned in on time. Connecting with our kitchen manager may be required for severe allergies/dietary restrictions. This will ensure that our food service staff can be readily prepared.

Weatherwood Lake: A 27 acre spring fed lake is home to bass, bluegill, pike, turtles, frogs, herons, muskrats, mink, geese, ducks, and many other aquatic animals. Utilized for some specific OE classes.

Rec Gymnasium: 3 full size Basketball courts, volleyball, four square, box ball, floor hockey and various other games are available in the gym as well as a 24.5 foot climbing wall.

Other facilities:

Sand volleyball courts
Soccer / football fields
Softball field
Outdoor basketball courts
Hiking trails
Grand Pavilion

Nature Center
Aquatic Lab
Discovery Centers (Whitetail 1 & 2)
Dietzman Ministry Center
Harmony Springs Pavilion
Creekside Amphitheater/outdoor campfire

Evening Programs

Evening Programs are a great opportunity for students and cabin leaders to have fun and be silly and creative! We offer consistent programs all school year and some seasonal programs, weather permitting. Depending on your program (3,4, or 5 day) evening programs can be switched to different days if desired. Talk to your Michindoh contact about programs/days you'd like for your week of camp. An evening snack is always included in the night's activities.

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|------------|-----------------|--|--|--|
| Evening | Available | | | |
| | Program | | | |
| Monday: | Campfire | | | |
| (select 2) | Relays | | | |
| | Gold Rush* | | | |
| | Night Hike* | | | |
| Tuesday: | Wacky Olympics | | | |
| (select 2) | Dutch Auction | | | |
| | Nature Charades | | | |
| | Wolf Pack* | | | |
| Wednesday: | Skit Night | | | |
| Thursday: | Square Dance | | | |

*activity is seasonal: Aug-Oct & April-June

<u>Campfire:</u> Everyone gathers together at our campfire location (depending on the time of year) and staff lead everyone in camp songs!

Relays: Each cabin group is their own "team" but relay races are based on creativity and not on how fast you go! The last relay is the Cabin Leaders and Teacher's favorite – it may or may not involve pool noodles.

<u>Goldrush:</u> A large group game of a combination freeze tag and capture the flag. Everyone is split into two teams, blue and gold. You are trying to run across the entire field and retrieve your team's colored "bricks" and bring them back to your side. All while avoiding the enemy tagging you in their territory!

<u>Night Hike:</u> Staff members will take a group of students (typically a traveling tribe size) on a hike through the night. No flashlights are needed, just your heightened senses and your Michindoh instructor! They will learn about nocturnal animals, stars in the sky, and even do activities to reflect what they learn.

<u>Wacky Olympics:</u> Each cabin group is their own team, they roll a dice to determine which of the 6 stations they work together to complete. First team to complete all 6 stations as a team is declared the winner!

<u>Dutch Auction:</u> Each cabin group is their own team, they bring 3 small items that can fit in their pocket to help with their creativity. A category is given and the team comes up with the best possible answer to present to the panel of judges for points!

Nature Charades: Like regular charades but nature!

Wolf Pack: Each traveling tribe has a Michindoh staff member with them, they act as a pack of wolves and howl to find the missing, hiding wolf (another Michindoh staff member).

Skit Night: Each cabin prepares a skit (in Drama class) and one at a time they perform it in front of everyone! Dancing and laughing included in this fun event!

Square Dance: A called line dance, the "Virginia Reel" is taught to everyone, demonstrated for students, and then we dance the night away. Featuring a live band!

Classes

In order to make a more informed choice in selecting the curriculum for your students at camp, descriptions of available classes for the school year are included. There are 8 to 14 hours of formal class possible during each week depending on your program -3 day, 4 day, or 5 day.

Some of the classes may not be available for your week due to weather and other factors that are required for your class. Please call if you have questions.

Natural Sciences

Aquatic Life (1 hour)

This class is available depending on weather and time of year.

Abstract:

The Aquatic Life class introduces students to the aquatic environment and the organisms that live there. Students will have to opportunity to collect specimens from the lake and observe them through a microscope. Students will discover that ponds and lakes have an abundance of other organisms besides fish.

Objectives:

- 1. Students will identify and give examples of the food chain in the aquatic community through observation and discussion.
- 2. Students will have the opportunity to catch and identify various aquatic organisms in the aquatic environment.
- 3. Students will identify the basic needs of aquatic life and places to look for aquatic life through observation and discussion.

Birds (1 hour)

Abstract:

The birds class is designed to introduce students to the many species of birds in the area, and how to identify them. The class also looks at bird design and their purpose in nature.

- 1. Students will compare the physical characteristics of different kinds of birds by looking at and touching various preserved species and by observing live specimens.
- 2. Using their understanding of the physical makeup of birds the student will inductively identify several different species of birds.
- 3. Students will gain an awareness of wildlife in their everyday life.

Creepy Critters (1 hour)

Abstract:

Students know what an insect is, but often group other animals in with the insect class. This class is designed to introduce students to the phylum Arthropoda, and describe the five main classes in the phylums, Arachnida, Insecta, Chilopoda, Diplopoda, and Crustacea. Students will also have the opportunity to observe and touch many live and preserved species.

Objectives:

- 1. Students will identify and describe the characteristics of the five major classes of arthropods through observation and discussion.
- 2. Students will develop a better understanding of animal classification and what characteristics make arthropods distinct.
- 3. Students will develop an appreciation for animals that can be encountered in everyday life.

Ecosystems (1 hour)

Abstract:

The ecosystems class gives students a better understanding of the various relationships in an ecosystem. It also teaches students how they can be a positive influence on their own environment.

Objectives:

- 1. Students will be able to define an ecosystem and how everything in nature is connected.
- 2. Students will become familiar with predator-prey relationships.
- 3. Students will discover how an ecosystem can be greatly affected by a small change.
- 4. Students will determine how the parts of the food chain are interdependent.
- 5. Students will discuss some steps they can take to make a positive impact on the environment and the importance of doing so.

Fantastic Fish (1 hour)

Abstract:

Students can visually identify a fish, but many do not know the basic characteristics of these unique animals. This class is designed to help students learn more about these fish through discussion and hands on experience.

- 1. Students will gain a better understanding of fish characteristics and anatomy.
- 2. Students will observe the dissection of a preserved specimen.
- 3. Students will study different types of fish and some of their interesting characteristics.

Reptiles and Amphibians (1 hour)

Abstract:

The reptiles and amphibians class is designed to increase the student's knowledge and appreciation for both native and exotic reptiles and amphibians. Students will have the opportunity to participate in a discussion about the characteristics of reptiles and amphibians and then have the change to hold many of the animals.

Objectives:

- 1. Students will increase their knowledge and appreciation for the native and exotic reptiles and amphibians.
- 2. Students will distinguish the characteristics of reptiles and amphibians.
- 3. Students will demonstrate proper handling of animals and will work in teams while observing different animals.

Rocks & Minerals (1 hour)

Abstract:

The rocks and minerals class will teach the students how to identify rocks in three geological classifications. They will observe and test various minerals in order to be able to identify them. The students will have hands on experience with various rocks, minerals fossils. The students will gain an understanding of the value and uses of rocks and minerals.

Objectives:

- 1. Students will see the value in rocks and minerals in providing much for our every day lives.
- 2. Students will identify the location of various significant rocks which are familiar to them.
- 3. Students will use various tests to identify different minerals.
- 4. Students will have the opportunity to identify fossils and observe many fossilized plants and animals (example: ferns, fish, trees, trilobites, cephalopods, crinoids, bryozoans, and many others)
- 5. Students will have the opportunity to collect and identify rocks around the campus.

Wild Edibles (1 hour)

Seasonal – early fall or late spring only

Abstract:

Most students know about edible foods in nature such as meats (rabbits, fish, crayfish, turtle, frog legs, etc) and fruits (apples and berries). The object is to familiarize them with the edible plants found in nature.

- 1. Students will learn how to identify several types of edible plants through observation and discussion.
- 2. Students will gain a better appreciation for the plant life in the forest.
- 3. Students will have the opportunity to sample many of the wild edibles that nature has to offer.

Adventure Education

Archery (1 hour)

Abstract:

Archery class gives students a good introduction to the sport of archery. Students will learn basic form and shooting techniques. The class also helps develop a student's motor skills and safety awareness.

Objectives:

- 1. Students will develop coordination and motor skills.
- 2. Students will demonstrate proper safety and shooting.
- 3. Students will participate in properly encouraging one another and building self-confidence.

Canoeing (1 hour)

This class is available depending on weather and time of year.

Abstract:

Canoeing is an exciting sport that develops coordination, cooperation and motor skills. This class gives students an introduction to the sport of canoeing. Students will learn the parts of a canoe, proper operation, and safety consideration for the operation of a canoe.

Objectives:

- 1. Students will develop coordination and motor skills.
- 2. Students will develop teamwork and cooperation skills.
- 3. Students will learn the importance of water safety.

Challenge (1 hour)

Abstract:

The challenge class uses cooperative games and activities to help students develop teamwork, communication, cooperation, and motor skills. Students will be given a variety of mental and physical obstacles that they must work together to successfully complete.

- 1. Students will learn teamwork, communication, cooperation, and motor skills through the games and initiatives.
- 2. Students will gain wisdom and insight on how to live and work with their family and peers at home and at school.
- 3. Students will learn how the above-mentioned skills are vital through all aspects of life.

Climbing Wall (1 hour)

Abstract:

This class will challenge the students individually as they set goals to achieve themselves, and encourages team comradery as those who are waiting their turn or have finished their turn will cheer on their friends and encourage them to reach their goals.

Objectives:

- 1. Students will get an introduction to a climbing wall, all risk management guidelines, and all equipment necessary.
- 2. Students will have the opportunity to climb the rock wall of their choice. (Hard, Harder, or Hardest)
- 3. Students will learn the different commands necessary to climb, how to correctly put on gear, how to encourage others and try their best.

Fishing (1 hour)

This class is available depending on weather and time of year.

Abstract:

Students know what fishing is from seeing it on television or reading about it, but many have never actually gone fishing. This class is designed to introduce students to the sport of fishing.

Objectives:

- 1. Students will get an introduction to the sport of fishing.
- 2. Students will have the opportunity to fish.
- 3. Students will learn teamwork and cooperation skills while fishing with their friends.

Low Challenge Course (1 hour)

Abstract:

The low challenge course class uses low ropes initiatives to promote teamwork, cooperation, coordination, and motor skills. Students will rotate around the course with a Michindoh instructor in groups of approximately seven to thirteen students.

Objectives:

- 1. Students will develop teamwork and cooperation kills.
- 2. Students will develop coordination and motor skills.
- 3. Students will develop communication and listening skills.

Mission Possible (1 hour)

Abstract:

The Mission Possible class helps students develop teamwork and cooperation skills while building a giant "Tinker Toy" like structure. Many students will be assigned various physical handicaps that they must learn to overcome. The emphasis of the class is positive communication with one another.

- 1. Students will develop cooperation through the group task of building a giant "Tinker Toy" like structure.
- 2. Students will learn to develop communication and listening skills.
- 3. Students will learn to deal with frustration in a positive manner.
- 4. Students will develop a better understanding on people with physical disabilities.

Outdoor Living Skills (2 hours)

Abstract:

Every year many children are lost in the woods (alone or with inexperienced children or adults). The Outdoor Living Skills class will give students hands on experience in dealing with this and other survival situations. Students will practice building and igniting a fire and making a shelter.

Objectives:

- 1. Students will develop teamwork, cooperation and problem-solving skills through practical experience during the class.
- 2. Students will demonstrate how to properly lay and light a fire and how to properly build a shelter.
- 3. Students will take advantage of alternative ways to ignite fires.
- 4. Students will learn how to recognize and use materials provided by the natural environment, the meet physical requirements and needs for survival.
- 5. Students will be able to explain the difference between a physical and chemical change.

Orienteering (1 hour)

This class is available depending on weather and time of year.

Abstract:

The orienteering class introduces students to the purpose, parts and proper use of a compass. Students will have the opportunity to use a compass on a course to further their understanding of orienteering.

- 1. Students will be able to label and identify the different parts of a compass.
- 2. Student will use a direct learning experience to increase their understanding of distance and direction.

Living History

Michigan Settlers (2 hours)

Abstract:

Students will experience portraying the part of a Michigan settler and work as a family group to survive.

Objectives:

- 1. Students will develop cooperation and communication skills during a role-playing Experience.
- 2. Students will practice managing household finances while role-playing a family trying to meet basic requirements for survival in early 19th century Michigan/Ohio territory.
- 3. Students will participate in community discussions and decision-making processes regarding the rule of law, individual rights, the common good, etc.
- 4. Students will draw inferences about, and discuss, the Experiences, problems and opportunities that families encountered while settling the Michigan/Ohio Territory during the early 1800's.

Pioneer Craft Fair & Living History (2 hours)

Abstract:

During the living history portion of this class students will gain a better understanding of the historical life of the pioneers in the early 1800's. As a family group traveling to the area to settle, students will interact with different characters from the time period. They will use first person interaction to learn the practical needs of the time. The pioneer craft fair portion demonstrates pioneer tools, butter making, and candle making. The students have a discussion about all three sessions and then will have free time to choose an activity. There is enough time during the class for all of the students to participate in all of the activities at the barn as well as other crafts. Other pioneer activities that are available include: making rope belts out of twine, making God's eyes out of sticks and yarn, walking on stilts, pioneer games, wool spinning, and a tomahawk throw.

- 1. Students will learn from a first person perspective how pioneers settled.
- 2. Students will have an opportunity to interact and communicate as a 19th century pioneer searching for a place to settle.
- 3. Students will have the opportunity to make candles, use pioneer tools, and make butter.
- 4. Students will learn different tasks of pioneers, how to use tools of the time period, and an appreciation for the modern conveniences.
- 5. Students will learn and participate in various games of the time period.
- 6. Students will gain a working knowledge of the pioneers' dedication and hard work.

Other Electives

Drama (1 hour)

Abstract:

This class is **MANDATORY** for schools that have skit night. Cabin groups will be given guidelines for the skits they plan to present that night. They will have time to practice and have their skit reviewed by a staff member during the class.

Objectives:

1. Students will demonstrate communication and presentation skills, as well as the ability to speak in front of a large group.

Tie Dye (1 hour)

Abstract:

There is an additional cost per student who participates for this class. Contact your Michindoh rep for cost information. Michindoh will provide the t-shirt, dye, and all other materials needed.

- 1. Students will learn the properties of certain clothes.
- 2. Students will become familiar with the result of the mixing of chemicals and dyes on cloth.
- 3. Students will get to dye their own shirt to take home at the end of the week. (Michindoh washes, dries, and returns the shirts to the students before departure)

A TYPICAL FIVE DAY SCHEDULE

This schedule is subject to change due to School's arrival time and weather. Final copy provided at lunch of the first day.

10:30am Arrive at camp7:30am Flag Ceremony8:30am Flag Ceremony11:15am Orientation7:45am Breakfast8:45am Breakfast

12:00pmLunch 9:00am travel time 10:00amHead to gym/forum

1:30pm Class9:15am Class10:30amDepart Camp2:30pm travel time10:15am travel time

2:45pm Class
3:45pm travel time
10:13am travel time
10:30am Class
11:30am travel time

4:00pm Afternoon Activities **11:50am** Line up for lunch

Cabin Leader/Teacher Meeting 12:00pmLunch

5:15pm Flag Ceremony
5:30pm Dinner
1:30pm Class
6:45pm travel/preparation time
2:30pm travel time

6:45pm travel/preparation time
 7:15pm Evening Program
 9:00pm Back to cabins/get ready for bed
 2:30pm travel time
 2:45pm Class
 3:45pm travel time

10:00pmLights out and quiet! 4:00pm Afternoon Activities &

Cabin Leader/Teacher meeting

5:15pm Flag Ceremony

5:30pm Dinner

6:45pm travel/preparation time **7:15pm** Evening Program

9:00pm Back to cabins/get ready for bed

10:00pmLights out and quiet!

Sample Menu Items

Our meals are geared towards the appetites of 5th and 6th graders with plenty of variety. Cold cereal is available at every breakfast and a fruit and salad bar with lots of veggies is available at every lunch and dinner. Below are sample options for the hot food on the buffet line.

Our baked goods are available at breakfast and desserts for dinner. They are made in house and don't have a consistent schedule, baker's choice!

We encourage students to eat what they want and what makes their tummies happy and full. We use portion control with our hot food items so everyone gets some and that we don't take too much. We teach the students about Food Waste and present a challenge within themselves not to have any food waste for the meals.

Students are encouraged to drink LOTS of water (bringing a reusable water bottle is great for this!). Milk is also available, 2%, Low-fat, or 1% and almond milk is available by request for any dietary restrictions. Juice cups are available at breakfast (Apple, Orange, or Grape) and a whole pitcher of juice is prepared for their table at dinner time (surprise flavor – different every day and mixed up fresh!).

Breakfast

Scrambled eggs
Pancakes
Waffles
French Toast
Sausage (links/patties)
Bacon
Hash brown cubes
Potato coins
Smiley potatoes
Potato triangles
Oatmeal

Pastries

Cream of wheat

Muffins
Cinnamon rolls
Danishes
Coffee cake
Puff pastries with fruit filling

Lunch

Chicken patties Macaroni & Cheese Hamburgers Hot Dogs Philly steak Pulled pork Pulled chicken Sloppy Joes Grilled Cheese Mini Corn Dogs Baked Beans Steamed/Cooked veggies Soups: Tomato, Potato, Veggie French Fries Tater Tots Toppings for sandwiches/burgers

Dinner

Beef Pot Roast Ham Turkey Taco bar Pizza Popcorn Chicken Orange Chicken Spaghetti & Meatballs Baked Chicken Mini Bakers Mashed potatoes & gravy Au-gratin potatoes Cheesy potatoes **Biscuits** Rolls **Breadsticks** Pretzel bites Fried rice Spring rolls Steamed/Cooked Veggies

Desserts

Brownies Cookies Cake Dirt pudding

Policies for Teachers attending Michindoh Outdoor Education School

A. **SMOKING**:

In conforming with Michigan State Law, Michindoh enforces no smoking on its premises.

B. ALCOHOL:

Possession and consumption are strictly prohibited on Michindoh property.

C. LEAVING CAMP DURING THE WEEK:

Your participation in the program is vital and greatly appreciated. However, if you must leave the grounds, please let the Outdoor Education School Director know you are leaving camp.

D. PETS:

Michindoh prohibits guests bringing pets.

E. CHILDREN:

Michindoh discourages teachers from bringing their own children with them due to housing limitations. Exceptions will only be made with prior approval of the school and the Michindoh OES Director.

F. <u>SENDING CHILDREN HOME:</u>

Sending a student home for illness or misbehavior is a joint decision made by the classroom teacher and the Outdoor Education School Director. In the teacher's absence, the Outdoor Education School Director will make this decision and inform the principal.

FREQUENTLY ASKED QUESTIONS

- HOW ARE CABIN LEADERS SELECTED? The cabin leaders are selected by a school representative and all screening is done
 by the school.
- HOW ARE CABINS ASSIGNED? Cabins are assigned by the teachers and they typically make sure that your child is with at least one friend.
- DO GIRLS AND BOYS STAY IN THE SAME AREA? No. The cabins are divided into two separate areas. One for the boys and one for the girls.
- IS THERE SECURITY THAT PATROLS THE AREA AT NIGHT? There are several resident families that live in different areas of the camp. If someone comes onto the grounds who is not recognized by any of those families, staff check out who he/she is and take appropriate action. The Outdoor Education School staff also lives on the grounds and helps maintain a secure campground.
- WHAT KIND OF DOWN TIME DO THE CAMPERS HAVE? We fill their day and allow for very little down time. After dinner the campers have a little time just to hang out in their cabins or play a game as a small group. The general rule is that if the camper is not with an adult, they are in the wrong place.
- WHAT TYPES OF MEALS ARE SERVED? Our meals are served with 5th and 6th graders in mind. The teachers have been given a list of sample meals served which they can share with you. There is cereal at every breakfast and a fruit and salad bar at lunch and dinner.
- WHAT IF MY CHILD DOES NOT LIKE WHAT IS BEING SERVED OR IS A VEGETARIAN? If your child does not like what we are eating we will find something for them. If your child is a vegetarian, please make sure that the teachers inform us and write this on their health form so that we can have vegetarian options available.
- WHAT IS THE BEST WAY TO LABEL THEIR BELONGINGS? The best thing to do is to write on the tag of clothing with a permanent marker. For other items such as cameras, flashlights, please write your child's name with a permanent marker on an area that is visible. If they pack their sleeping bag/blankets in a plastic garbage bag, make sure that it is clearly labeled and/or decorated so they can locate it easily. Pack an extra bag for them to store their sleeping bag/blankets for the trip home since the first one usually tears on the first day.
- WHAT DOES A TYPICAL DAY LOOK LIKE? The campers wake up at 6:45 a.m. and get ready for the day. They also have to clean their cabins before flag raising at 7:30 a.m. They eat breakfast and then go to two classes before lunch. After lunch at 12:00 p.m. they go to two more classes. After the second class in the afternoon, the campers have afternoon activity time where they pick from a variety of activities led by the staff. Dinner is served at 5:30 p.m., followed by an evening program which may include a campfire, relays, wacky olympics, skits, or a square dance. Campers return to the cabins at 9:00 p.m. to get ready for bed; lights are out at 10:00 p.m. The Michindoh staff will rove the cabin area around that time to make sure that everyone is quiet for the night.
- WHAT TYPES OF CLASSES WILL THEY BE ATTENDING? The classes are not typical school classes. Teachers pick the classes from a variety of science-based and team-building class options. Some of the most commonly picked classes are reptiles and amphibians, aquatic life, L.C.C. (Low challenge course; a team building class), ecosystems, outdoor living skills, mammals, and birds

If you have any further questions, please ask your child's teacher or your school principal. If they do not know the answer they can contact us at Michindoh, or you may contact us at (517)-523-3616 ext. 240. We are looking forward to having your child with us at camp!

MICHINDOH OUTDOOR EDUCATION SCHOOL INFORMATION WORKSHEET

| School | | | Grade Attending: | | | |
|---|-------------------|-----------------------------------|--|-------------------------------|--|---------------|
| Lead Teacher | | | Cell Number: | | | |
| Email: | | | | | | |
| Week Attending Car | mp | | | | | |
| Teachers Attending Camp: | | Birthdays: | | | | |
| | | | CLASS CH | OICES: Plea | ase CIRCLE your c | hoices |
| | | | 5 Day Progra r 8 hrs | m: 14 hrs / 4 D | ay Program : 10 hrs / 3 l | Day Program |
| Special Teach | er/School Staff | Arrangements: | *if you have \$ | Skit Night, Di | rama class is required | |
| | | | Aquatic Life (Archery (1hr) Canoeing (1hr | LC r) Mi | shing (1hr) CC (1 hr) chigan Settlers (2hrs) | |
| Total Number | of: | | Challenge (1h: Climbing Wal | | ssion Possible (1hr) | |
| Teachers | Students | Cabin Leaders | Creepy (1hr) Drama (1hr) | Re | LS (2hrs) ptiles & Amphibians (1 e Dye (1hr) | .hr) |
| Male: | Male: | Male: | Ecosystems (1 | lhr) Wi | ld Edibles (1hr) | |
| Female: | Female: | Female: | Fantastic Fish | ` ' | g History (2hrs) | |
| Total: | Total: | Total: | | | • • • | IDCLE |
| | - | | EVENING | | CHOICES: Please Cl choices | RCLE your |
| | s: Please check a | all that apply ege High School | | Evening | Available Activity | |
| 1 arcino | | riigii sellooi | | Monday: | Campfire | |
| Special Health Concerns/Major Food Allergies: | | | (select 2) | Relays | | |
| | , | | | | Gold Rush* | |
| | | | | | Night Hike* | |
| | | | | Tuesday: | Wacky Olympics | |
| | | | | (select 2) | Dutch Auction | |
| Afternoon Act | ivity Preferences | s: | | | Nature Charades | |
| | | | | Wada1. | Wolf Pack* | |
| | | | | Wednesday: | Ü | |
| | | | Thursday: | Square Dance vity is seasonal | | |
| | | | Classes & Eve | | are subject to change base | ed on Weather |
| Arrival Time | | Departure Ti | | | | |
| | | | - - | | | |
| Cabin Leader Arri | val Time: | | | | | |

